

# *The Quintessence of Existence - and Why is Knowledge a sin?*

*Without knowledge, power is lost, as power is  
lost, so is understanding lost and so is True Know-  
ledge lost. - BrightSpace666*

## Foreword

It is in strength that the Knowledge you have accumulated unfolds. An uplifting Paradise of Wisdom awaits you. With Knowledge you have power over others, and that was the purpose of the systematic destruction of this ability. He who has the spark of Will within him, and burns within him like the flame of a candle, has Power.

## Introduction

This little book is designed to cheer, inspire and motivate the reader. Many people feel that they are not making progress and that what they are doing is a waste of time. They keep pushing themselves, yet they don't feel the results.

I have encountered this mentality and I want to dispel it. The power is within us, we just often don't realise it. Even with the smallest programme you can improve. Each day adds to your progress, like drops of water in a glass as they accumulate and once full.

This is the paradigm in which your progress operates. Will and perseverance are essential for progress. You will find entries similar to those just mentioned in this little book.

This book will also contain entries that I did not write for this dossier, but because of their content and message, I am publishing them here.

These entries are found on the last pages of the book, under 3 different titles, each represented by a separate title. I thought my peers should be familiar with these entries. But before you do, you will see

which ones they will be about. Many of you have already read them, but some of you have not.

So have a good read, learn from them, and may the accumulated Knowledge make you happy!

## Knowledge

Experience, intelligence, knowledge. They are all part and parcel of our lives, yet we don't pay much attention to them. But we should. To walk in the world with an open mind, to understand why things happen, to think about what Knowledge is.

There is only one side to Knowledge. He who knows, wins. He who does not know, loses. It is in Knowledge that the concepts of understanding and reason unfold, and it is through Knowledge that we form our view of the world. Knowledge has no limits. We must constantly expand our knowledge.

With Knowledge on your side, your chances of victory increase dramatically. The smart man knows, he uses his knowledge well, and the ignorant man is simply ignorant. Sadly, this is the class that makes up the majority of humanity. The desire for knowledge must be present in man to be successful.

As we develop our knowledge, a new dimension opens up where the likelihood of being deceived and lulled into a lie is reduced to zero. Those who have knowledge have power. The most important thing in life is Knowledge, for without it the quintessence of life is lost.

## Move Forward

Anyone who progresses through a series of systematic improvements becomes more sophisticated. Development involves the quintessence of accumulated Knowledge and Wisdom. In progress, every day counts. You may not seem to be evolving, but you are evolving. The more you progress, the more you understand things.

To progress you need a developed personality and soul. Not only do you develop mentally, but also spiritually. The harmony of the two will bring the fruit on your path.

When in doubt about yourself, just ask yourself a very simple question : „How much progress have I made since I started”?

Think about how much has happened and how much you have gained, how much Knowledge you have accumulated and how much stronger you have become. Believe me, you will find the answer to your question after thinking about this situation. Many people don't understand the fact that progress is not always visible, progress happens when you apply your knowledge through practice and that is when you realize your true power.

Live every minute, roll around in the monumental realm of your Knowledge, and realise your awesome power.



## **Accept Yourself**

What can be overwhelming is the lack of acceptance. Without acceptance we cannot accept ourselves, so how can we accept others? First of all we have to accept ourselves as we are, because everyone is unique, everyone is different. Everyone has a special strength and ability. There is only one of you, there can be no one else like you.

Once we accept ourselves, our image of ourselves, then we truly understand the concept of Being. Because Being is a broad concept that encompasses all that is present in and around us in our lives, that has consciousness and thought processes.

The close connection between the soul and the body is key. A strong and healthy soul has a complete self-image.

## **Knowledge = Power**

This statement is correct in itself. Because knowledge has an indirect opposite, ignorance. The monumental difference between the two is the distance between the surface of the earth and the sky. One who has knowledge can easily control the unconscious man, and this method does not work in reverse. Accumulated knowledge leads sooner or later to Wisdom, because he who knows, experiences and understands becomes Wise. The wise also learn from the mistakes of others. The Wise cannot be deceived, because the Wise sees through the sieve, the web of lies.

If people who accept their existence with a dull, monotonous regularity, who get up, work, go home and sleep, do not awaken to the radiance of Truth, they will not find it, and the meaning of their existence will be lost in endless ignorance.

Life is worth living, not wasting time on the universal nonsense that now afflicts humanity. We must use our brains, if we have any, and not believe everything the media, the unbridled empire of brainwashing, tells us.

Gather your Knowledge and enter the door of Wisdom that awaits you with open arms.

## The Future Generation

*\* This post is an addendum to another one I wrote.\**

The possibilities and prospects for the future dictated by the current paradigm are not clear. The whole world has gone mad, everyone is preoccupied with the virus. And rightly so, and this has been going on for years. They are deliberately dragging this whole situation out as long as they can.

And people put up with it because with each new mutation, another dose of vaccine is justified. Are they really using the virus as an excuse to give people new doses?

What does the latest generation see in this? Closed minds, masks, constant "fear" of the epidemic. This will not work in their favour later. They don't even know what is happening now. We can only wonder : when will it all start again? It is part of everyday life now, and unfortunately will be for some time to come, all over the country, so we have to persevere and strengthen ourselves, both mentally and spiritually. This is when they grow up, unfortunately they see that.

Technology is evolving at a significant rate, as we age, technology is aging and evolving rapidly. This is all good, but there are many drawbacks. For the generation growing up in this age, where we live in a world of the internet and modern devices, and these are all 'expected', they can affect their development in many ways. They will not learn, they will not make sense, they will just live their daily lives in virtual reality (especially now) and so they will not learn to exist in reality.

They will not participate in things like hide-and-seek and playing catch, but will experience presence and 'freedom' in computer games. Garden games are becoming obsolete and are being replaced by digital games. But as generations change, new areas of 'dumbing down' are taking their place.

We used to do without current technology, but that has changed radically. This is all well and good, but it is important to distinguish between the virtual world and real life. In today's civilisation, modern tools are commonplace, but it's worth using them in moderation to avoid problems. I hope you understand what I am trying to say, I am just expressing my opinion in this area.

It can affect the mind to such an extent, it can drive them completely crazy, that they forget that they exist in reality, they are not interested

in anything but games and social, manipulative and dangerous sites. Which, of course, I don't need to say how damaging it is, especially at this age.

Rapidly evolving technology and lockdowns (strictly for viral purposes, which is against human freedom) only add to the problems of the epidemic. In fact, they are at home now, living virtual reality, and this is worrying because they will be the ones making the older generations' money when they grow old.

Where will the technology be years from now? Of course we don't know. In the same way, we don't know what will be years from now, what new advanced devices will emerge that will outperform today's devices.

We can think of society in this paradigm. Could we have imagined in 2017 that in a few years we would be in the middle of a pandemic? One that would become part of our daily lives years later? Of course not. Or maybe we could have guessed, but I think it's very much out of the question.

As technology evolves, we have to adapt. Because if we don't, we will just be a backward 'old man' in this respect.

## Manipulation

They are masters of manipulation, manipulating people with tools that are right under their noses, but unfortunately they don't realize it of their monumental lack of ignorance. The mob mentality that feeds this atmosphere is actually based on a very simple operating principle. It is the accumulation of lies and disinformation, which is nothing but lies, so I will change its name to the verzum of lies.

The majority of humanity lives in this Verzum, the destructive effects of the mob mentality are all upon them, a web of lies is woven around them, keeping them as far away from Knowledge as possible. These people tend to stay there in the absence of the right Knowledge. The mind which accommodates these disturbances, which tends to make us believe many things which are in fact fictions, must be nourished. Mankind is vibrating at such a low frequency on the levels of intelligence that it will not pay off in the years to come.

The mind only gets worse in this respect, and that's not healthy. The mentality will completely shift towards lying and the whole mind will be reprogrammed, the thinking itself will make no sense, because they will only believe what these people are trying to give them, driven and supported by bad intentions.

Ignorance, lack of knowledge of the individual, or sheer force of manipulation prevails. As long as people are not able to think with their free will, to seek the meaning of Life, this paradigm will continue and grow.

The Christian churches and believers are a perfect example.



## **Hang in there!**

When you start doing something - or are doing something - it's usually just for the sake of doing it. Many people tend to give up on their dreams. This kind of mentality leads to a climate of acceptance of failure. Those who have the will and the spirit of perseverance easily finish what they start.

Persistence is one of the keys to success. Without persistence there is no will, without will there is no progress, and without progress there is no progress.

Stick to your dreams and your goals, because that is what will take you forward and that is the only way to achieve what you want. If you keep putting it off, you're only hurting yourself.

I won't go into examples, the point of this little post is simply to be constructive. Because if you put things in a different light, or what you are doing, you will start to think about the positive outcome of the situation. Optimise your thinking, then reap the rewards!

## Perfektion

Perfection is not a complicated concept, only lack of understanding can make it so. Being perfect does not mean that one is Perfect in every sense, because there is no person on this planet who is Perfect in every sense. An awakening understanding of the concept of Perfection/Existence can then be approached philosophically.

Perfection is man's way of thinking, his approach to life. Perfect = wise. These two terms are quite close. Although one cannot be Perfect only if one is wise. Yet, life experience provides the impetus that brings us closer to the culmination of Life (philosophy), Wisdom. For Wisdom, we must evolve, expand our Knowledge, and the end result is the uplifting realm of Perfection.

To achieve Perfection, time is needed. It is a series of systematic development, perseverance and Knowledge. All three bring the expected level, the concept of Perfection.

## View on life

The way you think, the way you put things in perspective, the way you live your life, think about it, is it really good? Or do you want to change? If you work, develop and learn, you cannot be said to be idle and lazy. On the contrary.

The outlook on life of a significant proportion of people is thought-provoking. Some live for today, some plan ahead and build for the future, and some are somewhere in between. There are a lot of people wandering around in the world, and when you look at someone, you see them rushing around, getting things done, hurrying and scurrying.

That's a significant proportion of people. This is simply caused by the social situation, where you cannot exist without a mobile phone, you live a monotonous daily life, you pick up a significant amount of brainwashing thoughts from social networking sites, which after a while affects a significant part of your mindset and changes your outlook on life.

The real face of brainwashing is social networking sites, which lure young impressionable minds to these sites through seduction and manipulation, which sucks them in with their addictive nature.

They will grow up to be exemplary adults, won't they?

## Story About Manipulation

There is the tiger and the zebra. They are not friends, as one is a herbivore and the other a predator. One is prey for the other. But one day they meet on the beach where the zebra is drinking. The tiger approaches the shore, but does nothing but drink. They start talking.

"You zebra, how come you're here alone, no companions with you?" asks the tiger. The zebra thinks about what to say, because he doesn't trust the tiger. "But they are here, why do you ask?" "I just wanted to know. But believe it or not, I'm not the kind of tiger that attacks your kind, I'm friendly."

The zebra believes him, though a little suspicious. They talk for a while, then both move away. They agree to meet again tomorrow. They meet again, in the same place. "Well, zebra, are you alone again?" asks the tiger. "No, my companions will be here soon!" says the zebra. They talk again as the tiger completely changes his image of the zebra. They talk some more, the tiger again tells him that he can trust him, he can tell him anything. The zebra's suspicions slowly dissipated, and even though he knew he was alone and in danger, he thought he could trust the tiger.

"If I see you tomorrow, I'll tell you," says the zebra to himself. "Well, zebra, I'm going home, will I see you tomorrow for the last time?" asked the tiger. "Sure, same place," replied the zebra, who couldn't remember the only word that came out of the tiger's mouth, which was "last".

The next day they met in the same place. "So, zebra, your companions are not coming?" The zebra, whose mentality had been completely altered by the manipulation, replied, "They're not here, I was already alone, I just didn't know if I could tell you, tiger!".

The tiger immediately pounced and bit him on the neck, but before he did, the zebra asked him a question, "Why did you do that, I thought we were friends!" he asked. "Yes, but you know we have different natures and you are prey to me," said the tiger.

I may not have given the best example, but once you understand that, you can start thinking about it.

This story is a lesson about who you can trust and who you can't, judge and weigh others by your wits, not by your emotions, which can form a rock-solid attachment to someone.

Because emotion is a beautiful thing, but if you show excessive emotion towards another person, 80+% of the time it will end in disappointment. Try to control your emotions, don't let your emotions control you, especially in important matters. Our emotions can easily mislead us and unfortunately we often act on our emotions, which is not always a good thing.

Always think rationally and use your head in important situations. Always think twice about your decision to make sure you are doing the right thing.

### **3 Important Points**

*Don't lie to yourself* - any lie you try to tell yourself will eventually lead to failure, with huge help. Accept yourself as you are and you will not disappoint yourself.

*Don't beat yourself up* - whatever work you do and don't get it right away or at all, don't worry. It's a sign that you need to improve and move on! Work like this needs to be done over a longer period of time, especially at the beginning, to be successful. So don't beat yourself up if you don't succeed, keep improving and you will succeed. Be persistent!

*Don't be cocky* - if you think you're better than anyone else and you don't have years of systematic development and learning behind you, you're only fooling yourself.

If you avoid these three things and don't harm yourself, the concept of self-deception is far from you and will be of great help to your development. To enter the gate of progress, you need to know yourself and your limitations. Because if you know what you are capable of, you can go into it with the emotions you need to succeed. If you



simply know what you can expect of yourself, you can't be disappointed, right?

## Scepticism

If you start telling someone about something that is completely unknown or completely unbelievable, they won't believe you. Because manipulation and brainwashing is the subject of destructive mass theory.

You must be aware that what you say or what you try to convince someone of, about something, they will be able to accept the Truth. This will be difficult at first because he will insist on information built into his own mind.

It will be difficult to convince someone of the truth of what has happened if the brainwashing has an effect on them.

What you want to give him will not be true for him, because his brain has been so reprogrammed that he is unable to think, his thoughts are unable to manifest, so he is unable to get to the Truth.

Especially not to a sceptic, who claims with great conviction that he doesn't believe anything, to him it's nonsense, and if he thought about it for a moment he would see things differently.

Such people follow the path of life that is most destructive to the mind. They are living, multiplied examples of the effects of brainwashing.

## Subconscious

The subconscious can affect everyday life in countless ways. Take a film, for example. A film that creates a feeling of dread, fear and horror in the viewer. In countless films we encounter such phenomena, which after a while form a block in our consciousness.

Horror films are the best examples. We believe that what happened in the film, with the ghosts and evil creatures, is exactly the same in reality. I have to sadden those who are sure of this, that it is absolutely devastating to both the mind and the well-being.

It is almost 100% possible to state this fact and insist that it is false. However, the viewer who watches this film with an open mind becomes subconscious and prepared. Imagine a seed that, if sown, will sooner or later grow into a crop.

It is the same here, only the harvest manifests itself at a level that is in many ways unhealthy and harmful. Last but not least, those who are addicted to these films watch more of them and more of them become embedded in the mind, which will serve as a fear centre after a while.

They will involuntarily associate them as bad and evil, when in fact they are just a distorted image of reality that serves the function of brainwashing.

They will only multiply and your thinking about them will soon change in a completely different direction.

Without the right Knowledge and Understanding, this pattern can continue indefinitely, completely changing the way you think.

*In the rest of the book, you will find some things I have already posted in the forums, but because of their content and importance, I am posting them here. Many of you will already be familiar with these writings, but for those of you who are new to Real Spirituality, they are well worth a read. They contain much important information that is worth being aware of and mastering the details in these writings. Once you have done this, and read the whole book, you can put things in a different light and begin your Spiritual evolution.*

## The Power Of Knowledge

There are two kinds of people in the world. The first is the one who is aware, who is not lazy to learn, who accepts other people's opinions and points of view and builds himself up. The other kind is the ignorant, who unfortunately make up a large part of humanity due to the distraction and destruction of knowledge.

With enough information, we acquire the right knowledge, the parameters of wisdom, the ability to put into practice and implement what we have accumulated. Every drop counts, as these small drops accumulate, and to such an extent, power accumulates.

They differ in affinity. Half acquired knowledge is not complete knowledge. As a SS, your task is first and foremost to develop your soul and help yourself. With acquired knowledge you can always help yourself.

"Knowledge is power" - this statement is true in itself. For he who has knowledge will have power in abundance. By applying knowledge we gain power, and we use that power for our own well-being.

Not incidentally, the ignorant are there because of the enemy, the

monumental removal and destruction of knowledge. Our interest is to help people find the Truth, and of course to help them to step out of the world of ignorance and lies.

Our religion is full of Truth and Wisdom. We do not force our religion on anyone, it is not our religious practice, we simply try to lead people into the uplifting realm of truth. Where lies and deception have no place.

We give connections, metaphors and only small conclusions. Let people find the Truth for themselves. We do not force anyone or anything. Far be it from us, whoever is open to knowledge and Truth will sooner or later become one of us.

Our spiritual teachings are vast, rich in truths. So take this knowledge, my brothers, and grow! Do not doubt the truth of this knowledge, trust and hold on! As we go our way, it will be to our benefit.

Those who have the will and the "I will" mentality to progress will not be disappointed. Because persistence will pay off. Will to grow and learn, for the Truth is before you, it is up to you to apply it and learn or not. Walk this path with pride, because they want you to be proud and happy. May our path be free of disappointments on the path of Truth that has been appointed for us.



Wisdom requires wanting, learning and experiencing. Without experience, one does not become wise. You want to be Wise as you want to grow! The result pays off in the end. Feed on Knowledge, use your experiences for good, especially those that benefit us.

Do not hesitate, do your best, go ahead, create, so that you have something to destroy! Discover the power within you, work on it and show yourself what you can do with it.

We exist on the side of truth. Let us stand together, my brothers and sisters, against the lies! May the power take us under its protection and shower us with love and peace, so that we may create harmony!

## A Friendly Message

I am writing this post for the benefit of my fellow SS who are stuck, or not feeling well, or who feel unable to achieve a certain goal. But, you can!

Do you have dreams on this journey? Be positive! Fight for it, don't cherish your dream, make it come true! Want to learn pyrokinesis? Practice, do it, and sooner or later you will succeed! (This was just an example)

I have seen people chasing dreams that are almost impossible to fulfill based on their development/ability. They usually chase things that they know are not possible in the good case, and in the bad case they are able to spend 95+% of their energy on it.

The bad news in this respect is that they would rather spend their time and capacity on something that is pleasurable to them, rather than suffer for something that is almost impossible.

While there is no such thing as impossible, as with the right persistence and determination the goal is achievable, it is the part that is different. They are fighting for dreams that are actually cherished dreams and will not be realized/manifested in the material world.

Such failures usually end in depression, spiritual lethargy, which also creates a circle around its "creator" from which, if it does not climb out, it will not recover, suffering will only be its friend, and hopelessness will prevail.

From there, he either gets up or he doesn't, or he starts again or he doesn't, and we could go on and on with examples of such chaotic and 'undignified' situations. If one works persistently for something, the effort is usually rewarded.

However, for some people, the rewards do not come at all or at the right time, and they end up in a state of infirmity. We can come out of this just as well if we have dreams. Just do your work and have faith in success, and above all, in yourself!

While the question is a valid one - "if this didn't work, how can anything else?" - with the right persistence, energy and will, you will succeed. Do everything you can to succeed, don't let yourself be influenced, and especially don't let yourself be talked out of it, because you will deprive yourself of the very success you have been striving for for so long.

Some people have a tendency to give up quickly, and flee into mi-

sery, trying to get to a state they know (in a good way) is no good, but the right persistence and pursuit of dreams doesn't play on their minds.

Find meaning in life, find what makes you happy and don't let go!  
Live each day with pride and joy and remember - be proud of yourself! Don't beat yourself up for things you can achieve at any time.

Don't let yourself drift with the tide, the tide represented by those who give up on their dreams and depression just flows from them. Show yourself what you can do, don't give up and you won't be disappointed in yourself.

Perseverance and will are important on this journey. One feeds the other, without one the other is almost worthless.

Every day is important, seize the moment and let the waves of pride and happiness wash over you.

## **Spirituality – Why is Meditation Important?**

Spirituality includes the soul, mind, aura, magical and mind practices, and meditation. Needless to say, meditate, evolve and you will succeed.

When you meditate, you begin to understand things better. Because meditation is a self-development practice that helps you understand things better and takes your soul to a higher level.

Spiritual perfection is our goal and we can achieve it through proper meditation practices and self-development. To raise our body and soul to a higher, divine level. Perfection, peace and harmony. Soul, body and mind. These three are the most important things in Spirituality.

Know yourself, control yourself, guide yourself, work on yourself and empower yourself. Sooner or later you will be able to do meditation exercises that you first thought were difficult, but now they become easy and you can challenge yourself with new difficulties in meditation.

Take care of yourself! Don't neglect your mind or your physical body. Just as your physical body can get sick, so can your soul. Every day,

strengthen your chakras, protect and cleanse yourself, take care of yourself. Your soul defines your physical self, you cannot exist without your soul. Prepare your body for Spiritual Transformation, as meditation makes your mind stronger and your body needs to adapt to higher energies.

You work with energies, and sooner or later you may become more sensitive to them, more sensitive to the energy. If your energy level increases, it's worth paying attention to that. At this level your aura will be stronger and your mind will be more developed.

With a strong soul and aura, much of the negative energy can be avoided. I am not saying don't deal with them, but at this level you will be stronger. The power of your mind and aura is essential for magical practices. The strength or level of both will determine the success of your work, the stronger they are the faster the things you want to happen, the weaker they are the slower.

Don't be discouraged if an exercise doesn't go right away. Not every job works the first time, especially at the beginning. That doesn't mean you have to give up, no, it just means your mind and spirit need to be stronger. In the strengthening phase it may not happen overnight, we are not all the same, don't worry.

Our goal is to raise our spirits to a higher level. In this process, you shouldn't stop or stop what you are doing, because from here you can only go up, you won't really regress once you reach a certain level, but it's up to you whether you go further or not.

The mind has power, so thoughts have power. The power of thoughts varies depending on your level of development. With a strong mind you will have strong thoughts, with a weaker mind not so strong. But you are here to grow and become stronger. Breaking down the limitations and capacity of your brain will take you to a new level.

If you have a strong aura, it will give you a different aura. You will feel stronger and most negative energy will not harm you. You can achieve this simply by doing aura strengthening and cleansing meditations. Because if you have a strong aura, you are not very exposed to negative energies. Ascension takes you higher and higher in Spirituality.

If we strengthen ourselves regularly, we will be able to perceive things we would not have thought of at first. If you meditate, you will move up the ladder. This makes it easier to do more advanced, more advanced techniques. Few people have this ability without meditation practice and self-improvement. Then you can do most meditations

with little concentration. If you have it, rejoice and move on, if you don't, don't mope, improve yourself and you will get there in time. I may write a lot about persistence and progress, but it is the key to the gateway to success.

You can work with your mind, including Spiritual work. Our mind has parts, it can be broken down into levels, so to speak. The initial phase, the advanced phase and the phase of perfection. Whichever one you are in, you will end up in the final stage. The weak and ignorant mind can be developed through meditation. Meditation is life, progress and harmony with yourself.

Understanding and acceptance are all part of the mind. With a developed mind, you are able to see your strengths/weaknesses, what you are good at and what you are not so good at, and work on these until you are perfect. Mind is the key to spirituality. The source of occult power is the brain and the mind.

*Best Regards - BrightSpace666*



*When you have read the whole book and have mastered the important information it contains, use your knowledge and start to grow spiritually.*

*Go SS Family!*